

"ALIVE INSIDE IS A LIFE CHANGING FILM."

- WILLIAM BROWNBRIDGE, TORONTO FILM SCENE



**Come and see the film**

**Alive Inside**

**on**

**WEDNESDAY**

**27<sup>th</sup>**

**JANUARY 2016**

**2.00PM**

**at**

**The Function Suite**

**Clair Hall**

**Perrymount Road**

**Haywards Heath**

A FILM BY MICHAEL ROSSATO-BENNETT

**ALIVE** **INSIDE**



*Light refreshments provided*

The film tells the story of how music and our connection to rhythm begins before we are born and is the last sense that we lose. Music can have the capacity to calm us and make us happy – particularly people with diseases of the brain who may not be reached in any other way. This film shows you how to use music as a healing power for people with a Dementia, Parkinson's Disease, Bi-Polar, Schizophrenia, and other similar diseases. When nothing else works see the amazing effect music has to touch the heart and soul of these people and give them, their families and Carers an inbuilt means to alleviate stress, agitation, loneliness and depression.

You are invited to come and see this film - it could be life changing for you and the people you care for or work with. This is a sponsored event and is free of charge.

***Please rsvp on 01444 455694 to reserve a seat as places are limited***

*or email: fatima.mirza@haywardsheath.gov.uk*

*Many thanks to Mid-Sussex District Council for sponsoring this event.*